

TRAINING DAY

November 19th 2011



CARING FOR PERFORMERS' HEALTH

START	PRESENTATION	SPEAKER(S)
10:00	Sensory Motor Release	Jill Guymer, physiotherapist, London Dr David Fielding, GP.
10:45	Performing Arts Medicine course, UCL: update	Ian Macdonald, Teaching Fellow, Performing Arts Medicine, UCL. Dr Mike Shipley, Rheumatologist.
11:00	Break	
11.20	Musculoskeletal Rehabilitation of Disabled, Elderly and Multi-talented Performers	Professor Howard Bird, Rheumatologist.
12.05	Chronic Pain	Dr Mike Shipley, Rheumatologist, London.
12.50	Lunch	
13.50	Ageing and performance: Q & A session	An actor, a dancer and an instrumental musician answer questions from the audience.
14.40*	Learning from and with performers (1) Learning from and with performers (2)	(1) Ron Colyer, violin. (2) Andrew Roberts, clarinet.
15.40	Break	
16.00*	Learning from and with performers (2) Learning from and with performers (1)	(1) Andrew Roberts, clarinet. (2) Ron Colyer, violin.
17.00	End	

*For these sessions, audience splits into two groups, and alternates after the break.