

'The State of Play 2013'
Musical Instrument Day
Saturday 23rd March

10:00-17:00
 (Registration from 09:30)

The Old Refectory, Wilkins Building, Main Quadrangle, University College London WC1E 6BT

09.30	Registration, Tea, Coffee
10:00	WELCOME from Dr Deborah Charnock – CEO BAPAM
10.10	Introduction to the overall concept of the theme of these seminars from Ian MacDonald, Course Leader in MSc Performance Arts Medicine, UCL
10.20	Plastic/Brass: Dave Woodhead - Performer and instrument maker from Phil Parker Brass Instrument Specialists. Demonstration and review of brass instrument accessories, modifications and strategies aimed at protecting the player (lips, shoulders etc), and facilitating enhanced performance. Stratos – Marcus Reynolds – www.brasslessons4u.com
11.30	Coffee break
11.45	Dr Deborah Charnock – Introduction to the Worlds First Masters Degree in Performance Arts Medicine Student Research
11.55	MSc Student Research Projects: Presentations of Abstracts and Research Findings 2011-12 <i>Investigating functional scoliosis in guitarists using different guitar support tools - Efthalia Palaiokastriti (Brief précis by Ian MacDonald)</i> <i>Evaluating hyper-mobility of finger joints in flautists - Isabel Artigues Cano</i> <i>Evaluation of breathing strategies and maximum phonation time in performers during various controlled performance tasks - Tommi Sliiden</i> <i>Performance measures in pianists with clinical sympomatology in the upper limbs: a cross-sectional study using EMG, digital pianos recordings and video postural analysis – Dr Hara Trouli</i>
13.00	Lunch
14:00	Introduction and lead of afternoon session from Dr Penny Wright Introducing a Poetry Slot – Roisin Tierney

14.15	Upper Strings: Nicole Wilson and Helena Wood ENO Orchestra Presentation on the joy of ergonomic possibility for the upper strings...
15:15	Coffee
15.30	Paul Sogaard – ergonomics expert and guitar teacher. Posture, playing technique and equipment - ergonomic considerations for electric and acoustic guitarists.
16.15	Pause – to reset for the panel
16.25 – 17.00	General Q&A – Panel of presenters lead by Dr Penny Wright

