

BAPAM TRAINING DAY

The Performance Environment

Saturday 17th November 2018

Resource for London

Schedule

- 9.30 **Registration**
- 10.00 **The Performance Environment: Challenges in the Performing Arts Industry**
Sophie Lane, Specialist Performing Arts and Sport Physiotherapist
- 11.00 **Saving Your Ears for the Music!**
Gladys Akinseye and Jordon Thompson, Clinical Audiologists and Hearing Therapists
- 12.00 **Break**
- 12.15 **Preparing for Challenging Performance Careers**
Arran Peck, Athletic Development and Conditioning Coach, National Centre for Circus Arts
- 12.45 **Cognitive Function of Adult Amateur Pianists**
Dr Marie McKavanagh, GP, MSc Performing Arts Medicine Shipley Rudge Award Winner
- 13.10 **Lunch**
- 14.10 **Anxiety and Psychological Support for Theatre Productions and Artists**
Dr Anna Colton, Chartered Clinical Psychologist
- 15.10 **Break**
- 15.30 **Panel Discussion/Q&A**

Do our performance environments facilitate or obstruct artistic practice? How can the ways in which we design, manage, use and share space be a positive factor in healthy practice? Collective support in creative communities, accessibility and participation.

Kris Halpin, Musician/Producer
Robin Townley, CEO Association of British Theatre Technicians
Lisa Tregale, Head of BSO Participate, Bournemouth Symphony Orchestra
Siân Willett, Co-creator of Wellbeing for the Arts

Dan Hayhurst, BAPAM Information Coordinator (Chair)
- 16.30 **Close**